





SAMPLE WEEKLY ACTIVITY CALENDAR






SUNDAY

-  10 AM – Sit & Be Fit
-  11:00 AM – Sunday Worship Service
-  11:00 AM - 2:00 PM – Jazz Brunch
-  2:00 PM – Outing to Local Attraction
-  6:00 PM – Pizza Party Poolside

MONDAY

-  10:00 AM – Chair Yoga
-  11:00 AM – Book Club
-  2:00 PM – Crafts for a Cause
-  3:30 PM – Guest Entertainment
-  6:00 PM – Karaoke in the Bistro






TUESDAY

-  10:00 AM – Exercise with an Ageility Therapist
-  10:30 AM – Men's Coffee
-  1:30 PM – Texas Audibon Society
-  3:30 PM – Resident Appreciation Event
-  7:00 PM – Flick & Float Poolside






WEDNESDAY

-  8:00 AM – Veteran's Breakfast
-  10:00 AM – Sit & Be Fit
-  11:00 AM – Bible Study
-  3:00 PM – Wine Wednesday
-  5:30 PM – Dinner at Local Restaurant




THURSDAY

-  10:00 PM – Chair Yoga
-  11:00-1:00 PM – Lunch & Guest Entertainment
-  3:00 PM – Get Up & Groove Dance Party
-  4:00 PM – Pool Party with Live Music
-  6:00 PM – Game Night

FRIDAY

-  10:00 AM – Exercise with an Ageility Therapist
-  1:00 PM – Chef Demo & Tasting Featuring Resident Recipe
-  2:30 PM – Bingo
-  4:00 PM – Happy Hour
-  6:00 PM – Friday Night Movie in the Theater

SATURDAY

-  10:00 AM – Sit & Be Fit
-  12:00 PM – Outing to Local Attraction
-  2:00 PM – Game Day in the Theater with Snacks & Beverages



PARK CREEK
AN ACTIVE RETIREMENT COMMUNITY